

# Sverdrup Nyheter

Sverdrup 4-107

Bismarck, ND

Volume 46, Issue 2 February 2015

#### From the President

I want to thank everyone who volunteered to do the multitude of jobs that made our 45<sup>th</sup> annual lutefisk dinner another success. The event preparations and Saturday performance needs many talents to make it flow smoothly. Every experience, good or bad, is an opportunity to grow for the lodge. I think you all know that many volunteers are not members but are recruited by lodge members and many have a long



history of working the dinner. Vern and Enid Monger have passed the chairman baton to Duane and Shirley Svanes. Their leadership along with the committee chairs provide the glue that keeps us all working. That "glue" is thought to be stronger than baked on Lutefisk, even though the Boy Scouts might question that as they scrub the kettles!

The Lutefisk Dinner success can be measured in two ways: Financial and Cultural. If we made money, it was a financial success. If we stirred memories of Scandinavian history, we were successful culturally. Many stories are shared around the tables with friendships being renewed and new friendships being forged. It is a time to relax and converse and enjoy another cup of coffee and yet another cookie or krumkakke. It is as much about fellowship as it is about selling tickets. We are blessed to be welcomed into Trinity Lutheran Church and its facilities. Their staff is attentive and I think look forward to our annual event.

Check out the news items this month and find your place in the lodge activities. If it's not there, can we help you create one? You just might find other like-minded members of Sverdrup lodge.

Until next month...hadde bra!
Jerry M Saude <a href="mailto:grammas@bektel.com">grammas@bektel.com</a>

## **Norwegian Proverb for February**

• De gamle bukkene har de stiveste hornene.

"The old billy goats have the stiffest horns." *Good to know if you are a knife maker?* 

Viking Sayings: about being a good businessman

A merchant has to place himself in many perils. Sometimes at sea, sometimes in heathen lands, and almost always among unfamiliar peoples. He needs to seek out ways to be welcome wherever he goes.

# Calendar of Events February

- 02 Language Class 7-8:30 at 1st Lutheran
- 03 Chorus practice Sr Ctr 4 p.m.
- 04 Needlework at Shirley Grondahl's, 1224 Prospect Pl, Bismarck 1:30 p.m.
- 06-07 Rosemaling Workshop
- 07 Brainstorming Session II a.m. -? At Ist Lutheran Church Pizza for lunch.
- 09 Language Class 1st Lutheran
- 17 Chorus practice St. Ctr 4 p.m.
- 16 Language (see above 2nd)
- 18 Needlework at Ella's Valley View starts at 1:30 p.m.
- 20 Social Eagles [info below]
- 23 Language Class
- 26 Business Meeting -7 p.m. Ist Lutheran

\*\*\*\*\*

Social Date: Friday February 20

Location: Bismarck Eagles Club

Time: 6:15 p.m. - \$15/ meal

Menu: Cod

**Program:** Two Norwegian Foreign Exchange Students attending Century High School, a presentation about Norway via PowerPoint

Music: Bob Dolechek

Reservations: By Friday, Feb 13 Call Nanc Skaret, 258-4703 or e mail skaret@bis.midco.net (unless you have established your "regular" status)

#### **Mission Statement**

The mission of Sons of Norway is to promote and to preserve the **heritage** and **culture** of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.



## Sverdrup Nyheter

## February Birthdays

Andrea Collin 1 1 Loretta W Quanbeck Ann J Schwartz 3 4 Alan J Lommen Valerie J Otto 4 Roger M Bakke 7 Jenell K Loftesnes 8 Chuck L Esser 9 10 Karensa Olson Eugene D Weekes 11 Helen R Tollerud 11 Laurie Larson 13 Esther M Anderson 14 James Keith Soiseth 14 Shirley E Svanes 14 Thomas J Dahle 14 Jean P Barr 15 Delores Soiseth 16 Lois Peightal 16 Chester E Nelson Jr. 17 Diane Gronfur 17 Robert L Turner 17 18 Audrey H Solheim Doris M Flurer 19 Karen I Halldorson 20 Lee A Kaldor 20 Ellen K Bartz 22 Ivadell J Larson 22 Jessica M Rossow 22 Harvey T Melstad 23 James R Lang 23 Peter A Quist 23 Britt Erika Tvenge 24 Christopher L Johnson 24 Doris G Hickle 26 Ella L Nayes 26 Tracy M Leetun 27 Randall J Snyder 28 Kathy M Bender 29



# **Gratulerer Med Dagen**

{Congratulations on Your Day}

February 2015

#### You Can't Go Wrong With An Annuity

With danger of market risk being a constant concern these days and the banks continuing to pay interest below 1%, fixed annuities can be very appealing to people looking for consistency and safety with their money. When doing a quick comparison with what seems like a very lucrative stock market, annuities seem to have a lackluster performance rate. Remember the hair and the tortoise, slow and steady wins the race. Annuities are preferable to CDs with their better returns and the big advantage of being tax deferrable.

Volatility exists at a tremendous levels especially for older people. An annuity offers one of the highest yields for those safe dollars. Even for aggressive investors, a portion of money set aside for these insurance products can offer an outstanding hedge.

Set up a meeting with your Sons of Norway Financial Benefits Counselor and see how our 120 years of experience can benefit you.

Ann Krause, FIC, LUTCF Financial Benefits Counselor Sons of Norway Minot, ND Sarasota, FL



701-720-2755

Email: boat@srt.com or annkboat@gmail.com

The Sverdrup Nyheter is published once a month by Sverdrup #107 Sons of Norway Lodge, P.O. Box 1912, Bismarck, ND 58502. There is no charge for the newsletter. The newsletter is available on our website. For address changes or questions contact: asolheim@bis.midco.net; Website: www.sofnbismarck.com

Editor	Audrey Solheim 223-7891
President	Jerry Saude 2240963
Vice President	Dick Hanson 663-8850
Secretary	Claudia Berg, 222-8238
Financial Secretary	Eunice Wolf 224-1786
Co- Financial Secretary	Addie Thiede 224-8392
Treasurer	Wayne Granfor 734-6370
Sunshine Lady - Cards	Julie Roe, 223-4196
Financial Benefits Counselor	Ann Krause 852-5508
Reservations	Nanc Skaret 258-4703



#### **News Items to Consider**

Brainstorming Session: Feb 7<sup>th</sup> at 11 AM with Pizza at noon. We will gather to share ideas and work in small groups to draft ideas for discussion. What should we do in the community to demonstrate the benefits of Sons of Norway? What projects shall we attempt to do in the coming year? What do our lodge members want to do for fun, for learning and for sharing? Bring an idea or two and come ready to speak and listen and learn from each other. Saturday Feb 7<sup>th</sup> 11 AM again at First Lutheran Church 800 N 7<sup>th</sup>. We should be done 1 hour after lunch. Come for all or just a part. Your time is valuable to us too.

Dancers and Musicians Workshop March 21-22 has been scheduled for a District 4 workshop in Billings MT. If you have an interest in testing and/or improving your folk dancing and music skills, consider attending with other members of our lodge. Plans are being made for carpooling and scholarships are available through our lodge to help with expenses. We should have details by the February social.

**Sweater Month** - Please wear your favorite or unique sweater to the social this month. We will take a few minutes to parade around the hall and then pose for a group photo. If you have an interesting story behind your sweater, please be prepared to say a few words and share with the lodge members.

#### **Guests from Norway**

Our thanks to Alice and Kathy for bringing us a special cultural program this month. Bismarck is currently home to two Norwegian Exchange students. Ms. Helly Myrstad and Ms. Taletta Eie are both attending Century High School and will share their personal stories of Norway and their experiences in Bismarck ND. It should be a special evening for us all. If you need a ride to attend the February social, please contact the lodge president. There are standing offers from lodge members to help where needed.

# **Birthday Party for Ella**

Come to the Valley View Assisted Living (connected to Mo Slope) on Wednesday, February 25 and have a cup of coffee and piece of birthday cake with Ella Nayes as she celebrates (a day early) her 90th birthday. The event begins at 2 p.m. in at the dining room (Door 3). There will no doubt be a Norwegian program as well.

## **Monthly Reminders**

- Clip your cancelled stamps and bring to the social for Tubfrim
- ♦ Call reservations in for monthly social
- Return library books checked out from our library

**Past Presidents –** We also honor our living past presidents in February. They include:

1972	Otto Bervik
1977	Eugene Weekes
1981	Jeannette Radig
1982	Alfred Steinke
1988	Dennis Wang
1990	Lowell Jensen
1991	Audrey Solheim
1993	Vernon Monger
1994	Louise Benz
1995-96	Sonna Anderson
1997-98	Cathy Bergan
2003-04	Ralph Leet
2005-06	Robert Johnson
2007-08	Erling Olson
2009-10	Marcia Hansen
2011-12	Herb Mittelstedt
2013-14	Richard Fadness

#### **Wanted: Lodge Officers**

In the next months I will be highlighting a few lodge positions that need to be filled by willing volunteers. But before you offer to help, you should know what is expected. Please review these and give it some thought.

**Sports and Recreation Director(s):** shall plan for sports activities and other recreational interests of the lodge membership and possibly plan bus tours as the need arises. Sons of Norway has medal programs for lodge members to earn participation and milestone pins and medals. Familiarize themselves with the resources available through the International lodge.

# **New Membership Information**

Dues are currently as follows:

Primary member \$43 - Spouse \$36 -

Unge Venner \$23 (unless a parent is a member, in which case there is no fee, just an application for Ages 16-23).

New member applications are turned in to Addie Thiede, Financial Secretary for processing together with a check for the appropriate amount written to Sons of Norway. Addie's Address: 1624 Santa Gertrudis Loop, Bismarck, ND 58503-0866. Current membership number: - 364

Sons of Norway - Sverdrup 4-107 1026 S 3rd #3 Bismarck, ND 58504-6398 Non-Profit Org. U.S. Postage PAID Bismarck, ND 58501 Permit No. 192

### **Return Service Requested**

# February 2015



Happy Ground Hogs Day!

